

Pre/Post Care for Paramedical Treatments

Ultraceuticals Paramedical treatments: Microdermabrasion and Peels

Pre Paramedical Treatment Instructions

- Prior to a Microdermabrasion or Peeling treatment for the best outcome & minimised risk, we recommend all clients to use Ultraceuticals homecare, for at least 2 weeks
- For Lactic, Vitapeel & BHA Peels, Even Skintone Serum or Ultra Brightening Serum must be used for a minimum of 2 weeks prior to treatment
- The daily use of Ultra Protective Daily Moisturiser SPF 30+ is mandatory to protect against heightened photosensitivity
- No waxing for 5 days prior to peel or microdermabrasion treatment
- No injectables for 72hrs prior to any peel treatment or microdermabrasion treatment
- No IPL or laser treatments treatments for 14 days prior to any peel or microdermabrasion treatment
- No Retinoic Acid (prescription Vitamin A), Retinol including Ultra A Skin Perfecting range is to be used for 48hours prior to a peel or microdermabrasion treatment

What to expect following your Paramedical Treatment

- Peeling
- Flaking
- Redness and/or irritation
- Crusting that may be red or brown in colour
- Roughness
- Scratching following microdermabrasion

NB - If you are experiencing excessive swelling please consult your skincare professional

Post Paramedical Treatment Instructions

For the next 5-7 days following treatment:

- The daily use of Ultra Protective Daily Moisturiser SPF 30+ is mandatory to protect against heightened photosensitivity
- Apply moisturiser as required (skin is best to remain moist during this time)
- Do not use products containing AHA's, BHA's & Vitamin A (Retinol) Astringents or exfoliating granules
- Do not exfoliate or pick at peeling skin
- Do not expose skin to the sun
- Avoid vigorous exercise, applying excessive heat to the treated area including saunas, steam baths & hot showers or chlorinated & saltwater pools for 48hrs following your treatment
- Avoid waxing, IPL, laser or depilatory creams for 2 weeks following your treatment

Suggested Homecare for 5-7 days

Normal/ Dry Skin Types

- Ultra Milk Cleanser
- Ultra Calming Treatment Cream
- Ultra B² Hydrating Serum
- Ultra Moisturiser Cream / Ultra Rich Moisturiser
- Protective Daily Moisturiser SPF30+ (AM use)

Normal/ Oily Skin Types

- Ultra Clear Foaming Cleanser
- Ultra Calming Treatment Cream
- Ultra B² Hydrating Serum
- Ultra Hydrating Lotion
- Protective Daily Moisturiser SPF30+ (AM use)